

CMHRP services are available to women enrolled in NC Medicaid Statewide. The Care Managers are Social Workers or Registered Nurses who will work with you and your prenatal care provider to ensure that you receive the best possible care while you are pregnant and after your delivery.



Care Management for High Risk Pregnancy services are provided by Rowan County Public Health in partnership with Community Care of North Carolina and the NC Division of Health Benefits.

Care Management for High Risk Pregnancy services are offered at no cost and participation is voluntary.

Our goal is to help you have a healthy pregnancy and a healthy baby.



Rowan County Health
Department

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<https://www.rowancountync.gov/265/Care-Management>

Care Management for High Risk Pregnancies (CMHRP)



How does it work?

If you have certain health conditions you may qualify for Care Management for High Risk Pregnancy services. Examples include having a pre-term baby, wanting help to quit smoking, a chronic illness such as diabetes, or other concerns.

Your Care Manager will work closely with you and your prenatal care provider to meet your needs during your pregnancy. If you have to go to the hospital during your pregnancy, a Care Manager will contact you afterwards to see how you are doing.

Your Care Manager can talk with you on the phone, meet you at prenatal care visits, meet you in your home, or at a local location that is convenient for you. Care Management for High Risk Pregnancy services are offered at no cost and participation is voluntary.



Your Care Manager can help you by:

- Reviewing your prenatal care plan;
- Connect you to other doctors if you need special care during your pregnancy;
- Coordinating your care across with all of the providers involved;
- Refer you to other programs such as child birth education, breastfeeding education, and family planning;
- Linking you to resources for medical care, WIC, transportation, and food; and
- Answer any questions that you may have throughout your pregnancy and after the delivery.